

A Year of Hope



**LOVE,
NILS**
Support for Children with Cancer

**ANNUAL REPORT
FY 2021/2022**



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*Disclaimer:
Some photos were taken before COVID*

FOUNDER'S STATEMENT



Dear Friends,

Over the past two years, I've watched our children battle both cancer and COVID with inspiring resilience. COVID restrictions were isolating for us all, especially children with cancer; but our 'new normal' was nothing new to them. Isolation is the common thread. LOVE, NILS strived to do everything we could to ensure our cancer heroes and their families were not alone during COVID. As my son, Nils, always said—"Never give up!" We adapted programs and planted seeds of hope, caring and tending to them, and planning for new opportunities when restrictions finally eased. And what excitement there was at our first in-person event in over 2 years!

I am so proud of our 'Stories of Hope' art exhibition at the Fullerton Hotel. In June, our beneficiaries and their entire families gathered in a safe space to create art masterpieces; art is often their canvas for words. The smiles and excitement at the event reminded us of the importance of connection, and of this community we have worked so hard to build. The children were absolutely thrilled to later see their work on display at the Fullerton Hotel.

As we were confined to our homes for much of the year, LOVE, NILS' presence grew across the globe, from Vogue magazine to Netflix, spreading awareness for our cause and shining a light on children with cancer. LOVE, NILS invited our community to (virtually) travel the world with us for our annual fundraiser. Closer to home, we were selected as one of the President's Challenge charities, opening doors to new supporters. Your outstanding support made it a remarkable year. **We were able to raise \$1,092,930 — a new fundraising record for us!**

This year has been one of momentous accomplishments for LOVE, NILS. It has been a year of expansion in growth and development. Thanks to your dedication to kids with cancer, we dug deep into what our beneficiaries needed. We cemented our monthly toy drops at both KKH and NUH paediatric oncology wards. We built stronger alliances with our supportive networks and built new relationships. We moved into our first office space, which enabled the team to collaborate more effectively and grow our programs and impact. Most importantly, we worked to ensure our beneficiaries were engaged, resilient, and involved in their community.

September 2022 marked LOVE, NILS' 5th anniversary! I couldn't be prouder, and I look forward to making our community of hope ever stronger for the children we serve and their families. Your constant support makes a difference, no matter how small or large. Thank you for helping us inspire hope and resilience!

With my sincerest gratitude,

Lesli Berggren
Founder and Co-CEO

CHAIRMAN'S STATEMENT



I was honoured to step into the role of Chairman of the Board this year. LOVE, NILS has experienced significant growth over the last two years, even as we adapted our service to support our beneficiaries through the throes of COVID.

This year we were able to host our first community events in two years. We are excited to continue to grow our in-person community offerings for families that are able to participate, and to continue expanding our in-hospital presence and virtual events to serve those families that can't. Children battling cancer are often isolated for long periods; online programs and events have helped us reach them more effectively than ever.

Organisationally, our team has also experienced growth throughout the pandemic, with the addition of two new employees this year. We settled in to our first office space and the team has thrived in the collaborative office setting. We were also able to surpass our fundraising goals this year, thanks to donations from all our generous supporters. The team continues to engage in a robust strategic planning process, ensuring that we will maximise impact for the families we serve.

We are committed to creating a community of support for the children and families battling cancer in Singapore. LOVE, NILS recognises that the social and emotional needs of these families is a crucial piece of their care and critical to ensuring their quality of life.

As we celebrate LOVE, NILS' 5th Anniversary, we look to the future and the positive impact we hope to make in the lives of children with cancer and their families. **On behalf of the Board, I would like to thank all of our stakeholders – donors for giving us the fuel to make impact, beneficiaries and their families for allowing us into their lives, hospital staff and other partners for their hard work, the many volunteers whom we rely on, and our dedicated staff who serve with purpose each and every day!**

Sincerely,

Suvir Varma
Chairman



OUR VISION

To be a beacon of hope and resilience for paediatric cancer patients and their caregivers in Singapore.

OUR MISSION

To provide support to children with cancer and their caregivers with much needed healthcare guidance, emotional care plus social and community support that will enable them to thrive.

1 OVERVIEW OF LOVE, NILS

THE LOVE, NILS STORY



Aged 13, Lesli Berggren's son, Nils, was diagnosed with a rare lymphoma stage 4 cancer. Lesli spent the next 18-months caring for her son as he received medical treatment in Singapore and the United States of America.

Miraculously, Nils beat cancer following treatment at Singapore's National University Hospital. During his battle with cancer, Lesli's son Nils wrote letters to family and friends asking for prayers and strength. He always signed off as "Love, Nils".

However, a few months later, complications arising from a stem cell transplant tragically led to his passing.

Recognising a need for emotional and community support for families battling cancer, in 2017, Lesli Berggren founded LOVE, NILS, a Singapore registered charity which provides support for children with cancer and their caregivers with healthcare guidance, emotional care, and social and community support.

Now, LOVE, NILS the charity will continue to embody his hope and fighting spirit.

Love,
Nils

Nils' handwriting

THE CHALLENGE

Every year, approximately 150 children are newly diagnosed with cancer.

Parents seeking treatment for their child have to find a way through complex, often puzzling healthcare systems. Both parent and child face immense challenges to their well-being, such as anxiety, isolation and depression.

To stand a better fighting chance, families need guidance, emotional care, a strong community and other forms of support that some hospitals may not be able to provide.

LOVE, NILS works to ensure that no child or family feels alone in their fight against cancer.

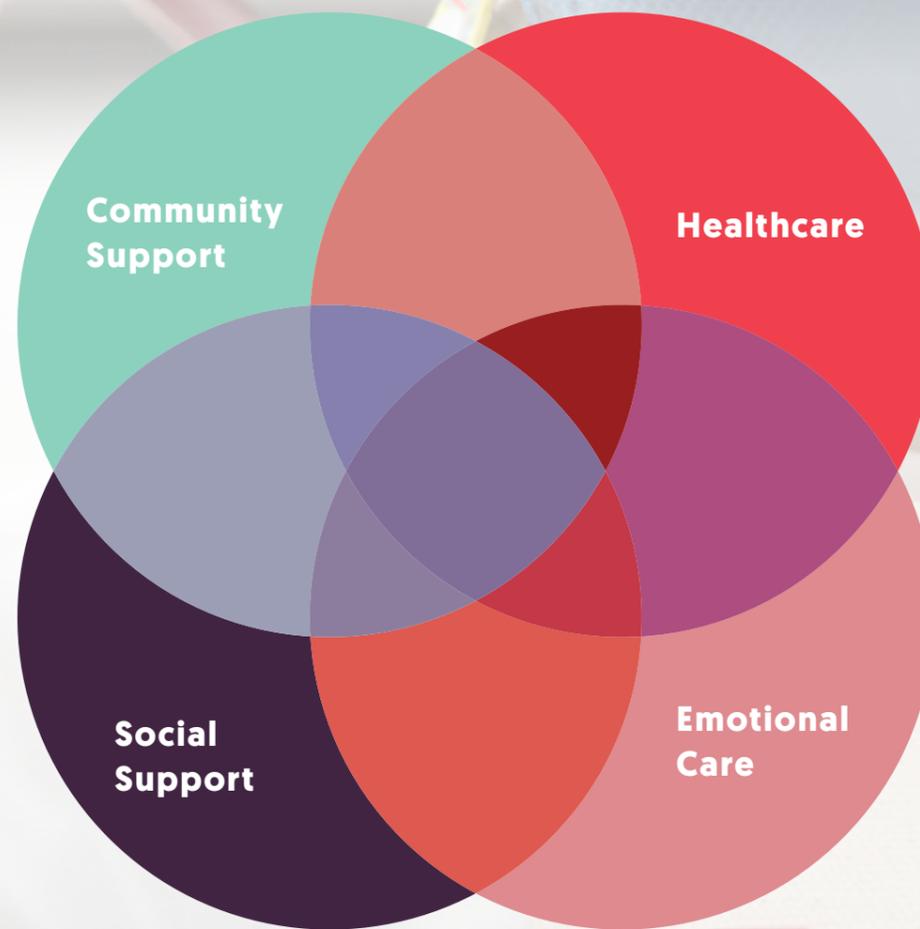
OUR WORK

Providing hope and support for children with cancer and their families.

Our Care Coordinator supports families as they navigate the healthcare system from the time of diagnosis through treatment.

Toy Drops at hospitals give doctors and nurses a way to comfort, distract and provide a moment of joy to children undergoing cancer treatment and painful procedures.

Art Therapy provides an outlet for children with cancer and their families to heal and better express their emotions.



Calendar of Hope is a series of community-driven events that foster hope and provide an opportunity to connect with others.

School Programs engage and empower students through design thinking to co-create programs for LOVE, NILS beneficiaries.

Education Support is critical in helping children stay connected with their education during their treatment, while reducing isolation and building their confidence.

I LOVE

IMPACT TO CAREGIVERS

A child's cancer diagnosis affects the entire family. Caregivers often feel a large part of that burden.

From the day of the diagnosis, families embark on a gruelling journey of extended hospital stays, scans, treatments and medications. This journey can be highly isolating for caregivers, leaving little to no room for their well-being or self-care. Siblings of affected children also struggle with confusion and despair.

This is why at LOVE, NILS, we curate programs based on the needs of the entire family.

OUR IMPACT IN NUMBERS

LOVE, NILS



CARE COORDINATOR



ONLINE ART THERAPY



EDUCATION SUPPORT



TOY DROPS

SCHOOL PROGRAMS



CALENDAR OF HOPE EVENTS



*with new and existing families

ORGANISATIONAL MILESTONES



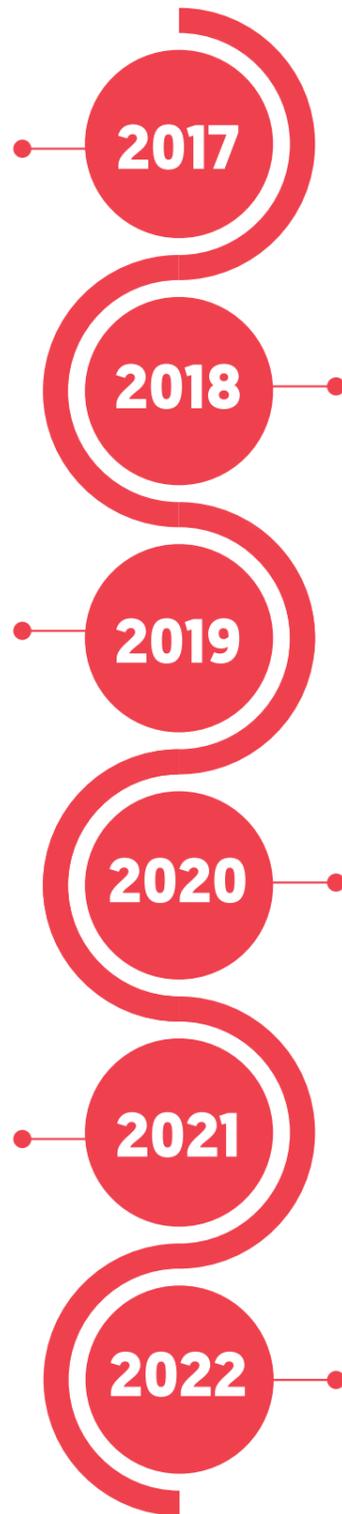
LOVE, NILS was founded



1. Donated \$100,000 to fund Care Coordinator at National University Hospital for 2 years
2. Launched Pen Pal Program
3. Launched Captain America event



1. Achieved IPC status
2. Launched Holiday Art Camps
3. Organised Shine-a-Light to raise awareness of childhood cancer



2017



1. Launched T-shirt Masterpiece, Art Therapy, Calendar of Hope, and School Programs
2. Organised first toy drop to KK Women's and Children's Hospital
3. Registered as a Singapore charity
4. Raised \$140,000 at first annual fundraiser

2018



1. Hired first staff
2. Attained 501(c)3 tax exemption status in the US
3. Launched Education Support Program

2019

2020

2021

2022



1. Selected as President's Challenge beneficiary
2. Organised first Stories of Hope art exhibition
3. Moved into office at High Street Centre

IN THE PRESS

SEPTEMBER 2021

The Singapore Sports Hub lights up the National Stadium for us!

We're so grateful to the Sports Hub for lighting up the National Stadium in GOLD in partnership with us to commemorate childhood cancer month!



Singapore Today! Lesli shares on CNA93.8FM

Hear Lesli share childhood cancer statistics in Singapore: fb.watch/8gSozs4n2j/

OCTOBER 2021

Panel speaker for SEEPO hosted by ROCHE

Lesli united with other patient advocates and public health experts to share on empowering patients and caregivers to be equal partners in healthcare decisions.

LOVE, NILS in VOGUE Magazine

How do you cope and where do you find hope when your child is diagnosed with cancer? Lesli Berggren talks with VOGUE to create awareness of childhood cancer and support other mothers like herself who have lost a child to the dreaded disease. bit.ly/40xUcBn

DECEMBER 2021



LOVE, NILS is on Netflix!

Check us out on The Apprentice: ONE Championship, episode 11. Available globally.

FEBRUARY 2022

LOVE, NILS: The Healing Power Of Relationships And Community

In the isolating battle against cancer, a community can provide families with necessary support to cope with difficult challenges, and to celebrate the happy moments together. The social connections that come with community relationships give rewarding perspectives that help strengthen families through the cancer journey. bit.ly/3Y9oh8N

MAY 2022

iFly Singapore invites LOVE, NILS to fly

As part of its 10th Anniversary celebrations, iFly Singapore selected LOVE, NILS as one of the charities it partnered with, and our beneficiaries got to fly for free! bit.ly/3x1j0UP

JUNE 2022

A very special flight for a couple of very amazing flyers

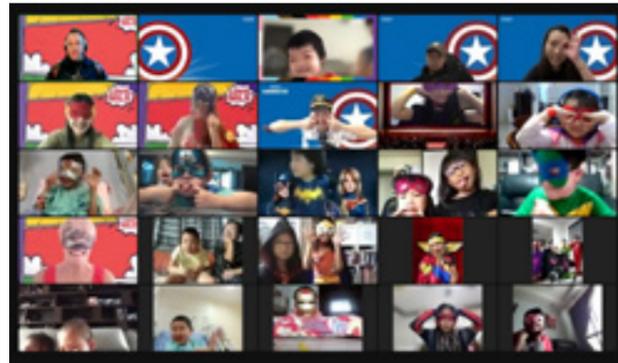
Two lucky and very gleeful little ones got to fly with iFly on June 17. Aleesha Syed Faizal and Violette Chong, both cancer survivors and beneficiaries of LOVE, NILS, took turns to have the time of their lives under the watchful eye and guidance of iFly Singapore's instructors. bit.ly/412BzG4

HIGHLIGHTS OF 2021- 2022



SEPTEMBER 2021

- Shine A Light on childhood cancer campaign raised \$9360
- National Stadium partnered with LOVE, NILS and lit up in gold for 'Shine A Light on childhood cancer' campaign
- LOVE, NILS team clocked in 5km in support of the Special Olympics Singapore and the Ireland Funds.
- Francesca Taylor and James Chiang joined LOVE, NILS' Board of Directors.
- Thank you to corporates like Elliot & Co Singapore and Tadcaster for supporting 'Shine A Light on childhood cancer' campaign



OCTOBER 2021

- Avengers Assemble! To celebrate Children's Week, Captain America zoomed into the homes and hospital rooms of children with cancer
- DBS donated costumes, puzzles, and letters of support to our young avengers for Children's Day



DECEMBER 2021

- Lesli Berggren was featured in Vogue Singapore
- LOVE, NILS's virtual annual fundraiser raised \$57,000
- LOVE, NILS had a Christmas tree at the Singapore Botanic Gardens
- Tejas Ewing donated \$12,500.00 for our Care Coordinator
- Project Meliora hosted a virtual fundraising concert for LOVE, NILS, raising \$220 in total
- Magician duo, Darren and Jerryl, performed a magic workshop and virtual interactive show to spread the joy of magic to our beneficiaries and their siblings
- The Ikigai Project, a student led initiative from Dulwich College, organised a coding camp for children with cancer and their siblings
- A total of 1673 toys were donated thanks to Johnson & Johnson, NVPC, German European School Singapore, The Grange International, SMMIS, UWCSEA, SAS and Amadeus



JANUARY 2022

- Yoga for a change raised \$5,549 for children with cancer
- RENTADELLA and Yvette King raised \$3,000
- Boxing Studio Legends Fight Sport organised a fundraiser on behalf of LOVE, NILS



MARCH 2022

- LOVE, NILS was selected as the beneficiary of the Ambassador's Cup Golf Tournament presented by the American Association of Singapore
- Students from Dulwich College organized an online science camp
- LOVE, NILS hosted our first online Art Camp

APRIL 2022

- LOVE, NILS is selected as a beneficiary of the President's Challenge 2022

MAY 2022

- LOVE, NILS hosts in-person art workshop. Families come together for the first time in 2 years!
- LOVE, NILS moved into our new office space with sponsored desks and chairs from Everdesk and Ergo Tune



JUNE 2022

- Project Aureum, a group of passionate students from Raffles Girls' School, organized story telling sessions for children with cancer and their siblings
- Girl Scouts from USAGSO penned down messages of hope
- In loving memory of Emma the Bean Sprout, her family donated tablets to LOVE, NILS
- iFly provided LOVE, NILS with free tickets as part of their 10th anniversary celebrations
- The Ikigai Project organized their second coding camp for our beneficiaries

JULY 2022

- LOVE, NILS held our very first Art Exhibition, "Stories of Hope" at the Fullerton Hotel from July to September 2022
- Singapore American School raised \$13,096 to support LOVE, NILS

AUGUST 2022

- Sukh Chopra joined the Board of Directors.

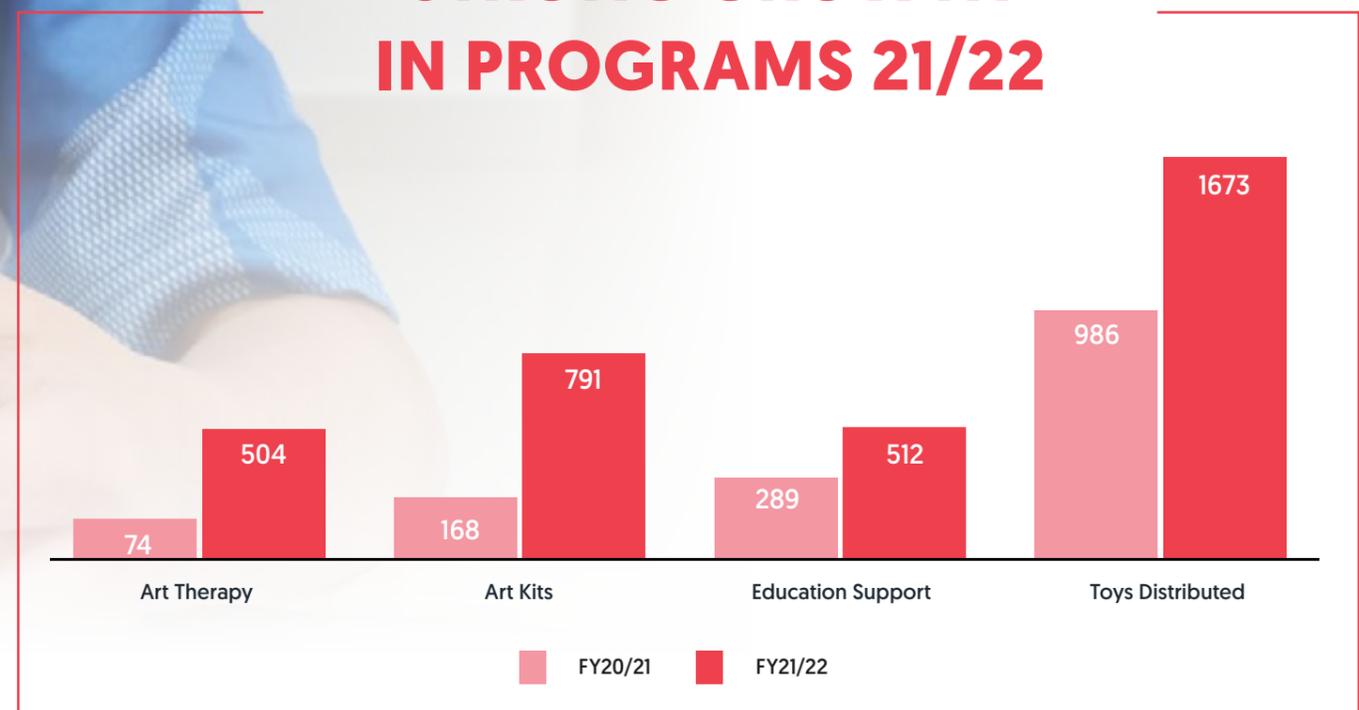


Our goal at LOVE, NILS is to create a supportive ecosystem for children with cancer and their families.

We strive to achieve this through our programs: Art Therapy, Toy Donations, Education Support, Community Events, and a Care Coordinator who assists families with navigating the healthcare system and traumatic diagnoses. These programs are free-of-charge to beneficiaries and their families and come through family sign-ups or hospital referrals.

Despite another challenging year of the pandemic and adjustments, the adaptability of our staff and our collaborative partnerships enabled us to make this a year of significant growth for LOVE, NILS.

STRONG GROWTH IN PROGRAMS 21/22



2 PROGRAMS

ART THERAPY



504

Hours



791

Art Kits
Delivered



3

Art Camps &
Workshops

LOVE, NILS' Art Therapy Programs establish a consistent, positive outlet for children with cancer and their family to work through the trauma of cancer diagnosis and treatment, to express their emotions related to treatment, and to reduce the feeling of isolation during hospital visits.

During COVID, restrictions forced our art therapists to adapt the Art Therapy Program to meet the needs of our beneficiaries and families. We introduced Online Art Therapy sessions which allow children to participate from their homes or hospital beds. Since 2019, we have provided over 1535 hours of Art Therapy.



ART KITS

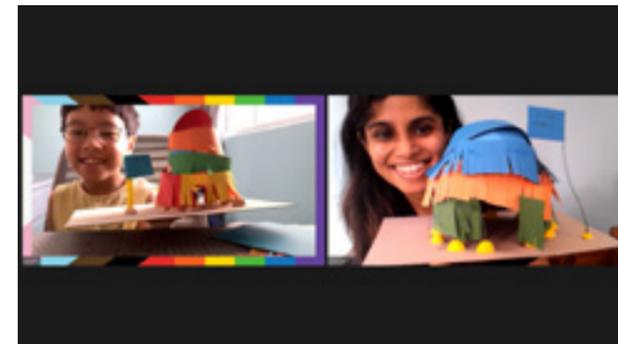
We also introduced Art Kits, which are specially curated by our art therapists and delivered to homes and hospitals on a monthly basis. The art kits contain 4 different themed activities that promote creativity and provide bonding activities for the entire family.



ONLINE ART CAMPS

Online Art Camps were introduced as a support measure during the school holidays. During these sessions, children are inspired to be creative and interact with each other, encouraging social relationships to reduce isolation and allowing siblings and families an opportunity to bond.

Due to the success of this program, it is now established as a regular school holiday program throughout the year.



SEPTEMBER 2021 HOLIDAY ART CAMP: CELEBRATING COURAGE AND RESILIENCE

Our September online art camp celebrated courage and resilience in the face of cancer. Our art therapists facilitated self-reflection and storytelling and guided children to create wands of courage, worry-free dolls, and other tools that help children process stress and worries, develop coping mechanisms, and help them recognize and celebrate their own bravery in moments of fear.



DECEMBER 2021 HOLIDAY ART CAMP: EXPLORING STORIES, MYTHS AND FABLES

Our art therapist, Divya, led children and their siblings in sharing and creating stories. The children also listened to classic fables and made art inspired by the stories, temporarily transporting them to kingdoms and adventures far from cancer.



STORIES OF HOPE WORKSHOP AND EXHIBITION

As restrictions eased in May 2022, we were able to host our first in-person art workshop for our beneficiaries at the Common Ground Civic Centre. We had over 50 children and parents join us for a morning of art and fun! Together with our art therapists, the children created masterpieces that reflected their own stories of hope.

The workshop was the first time many of the families were able to meet in person after 2 years. This provided parents and caregivers of children with cancer a safe and confidential space to seek emotional support, bond with others, and build a community of support.



'Stories of Hope' inaugural art exhibition was held at the Fullerton Hotel from May – September 2022, showcasing these children's hopes and dreams for the future and helping to raise awareness for childhood cancer.



TESTIMONIALS

Dear Love Nils,
Thank you for
showing care for
the cancer patients

"Being able to express themselves freely and being able to do art and chat with the art therapist makes my child happy."

- Beneficiary's parent

"With the news of Axel's remission, 3 weeks ago, he is now trying to get back to a more normal life, and this includes a return to school on a part time basis and return to studies. I would like to thank LOVE, NILS for your support. These art kits and the time spent together as a family, completing them have been a blessing. Your visit to our home to deliver them to us has been really appreciated. I can still remember the smiles of my 3 at home including my husband, after the first delivery. It was a light in the tunnel."

- Beneficiary's parent

PARENTS' FEEDBACK

100%

of parents surveyed agreed that the LOVE, NILS Art Therapy Program is of high quality.

94%

of parents surveyed agreed that the activities LOVE, NILS provides are engaging for the child and a bonding experience for families.

90%

of parents surveyed would recommend LOVE, NILS art programs to other parents.

HARPER'S STORY

Harper, 8 years old, was diagnosed with infant acute lymphoblastic leukaemia when she was 4 months old - the doctor told her parents that she had one month to survive. She started intensive chemotherapy immediately and the family had to live in an isolation room for six months. Harper fought back, and after years of treatment, she is now

in complete remission. She will, however, continue to require long-term follow-up and monitoring. Harper loves her art sessions with her therapist and was very excited to have her paintings up in the Fullerton Hotel as part of the Stories of Hope exhibition. She and her sister look forward to receiving the art kits every month.



Harper with her family



"When people look at this painting I want them to feel they are not alone and accept yourself as you are." Harper's self-portrait for Stories of Hope

LOOKING FORWARD

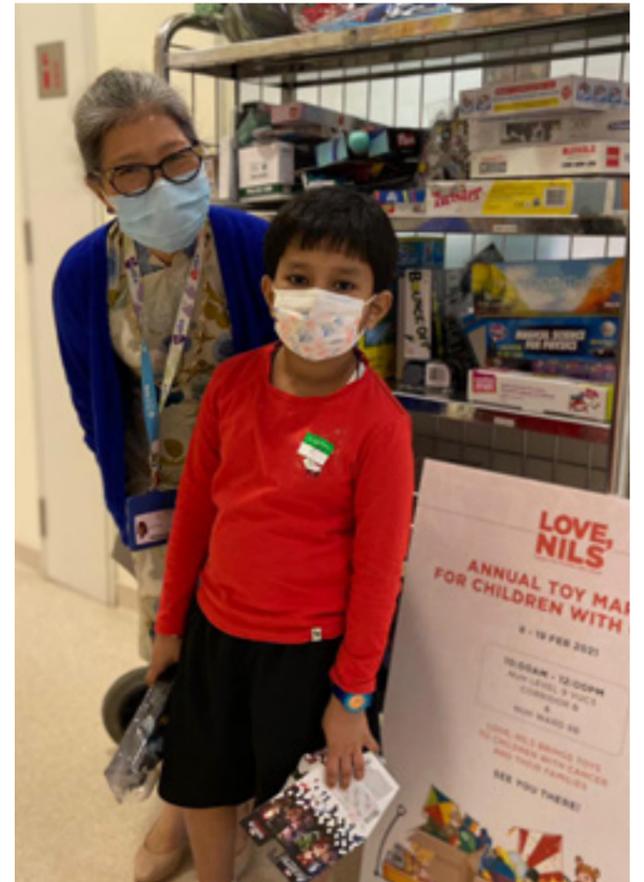
As COVID restrictions ease, we look forward to resuming our in-hospital Open Art Sessions and offering more in-person events for our beneficiaries and their caregivers. We will continue to offer Online Art Therapy, Holiday Art Camps and to scale our delivery of Art Kits to homes and hospitals.

CARE COORDINATOR



The Care Coordinator offers families hope and holistic support they need. She guides patients and their families through the healthcare system and works closely with the clinical team to provide coordinated care for the patient. She also educates beneficiaries' families, facilitates information exchange between caregivers and hospitals and provides administrative support such as referrals, and appointment setting.

Since April 2019, LOVE, NILS has funded and supported the Care Coordinator role at the Division of Paediatric Oncology at the National University Hospital (NUH).



TESTIMONIAL

"Doctors, nurses, and families trust the Care Coordinator; she can harness the existing resources and create new ones to help every family. The care is stratified into the needs of the family. Many families need to gain confidence to care for their sick child – she is there to help and guides them to be independent."

- A NUH Clinician

LOOKING FORWARD

LOVE, NILS continues to fund and support the Care Coordinator role, as it proves an invaluable source of support to our beneficiaries and their families and integral to their quality of care. Looking ahead, LOVE, NILS hopes to extend this role to other hospitals and would like to see this role institutionalised as a standard of paediatric care in Singapore.

EDUCATION SUPPORT



512
Hours



19
Beneficiaries

LOVE, NILS' Education Support Program was launched in September 2020 in response to a direct request by the Head of Paediatric Oncology the National University Hospital (NUH) to help bridge the gap for children with cancer to continue their education. Since September 2020, our Education Support Program has delivered 800 hours of tutoring and operates in partnership with Singapore's two major paediatric hospitals, KKH and NUH.

The Education Support Program is critical in helping children and their siblings stay connected with their education during treatment. These specialised tutoring sessions are conducted in their homes, hospitals or online. The positive engagement reduces isolation and instils confidence to help ease their transition back to school.



PARENTS' FEEDBACK

100%

of parents surveyed agreed that their child is being supported to continue learning.

100%

of parents surveyed agreed that our tutoring program is of high quality.

100%

of parents reported that their child's academic development improved as a result of this program.



LOVE, NILS has partnered with a specialised tutoring company of teachers, Boutique Education. The tutors support the families with customised individual learning plans to meet young learners' educational and social needs.

Our partnered tutors are highly experienced in teaching children from international and local

schools and are knowledgeable in the various curriculums. For the program to be successful, we believe that training for the tutors is required to understand the cancer journey of the child and family. This training is held in collaboration with professionals from the Oncology Care teams at NUH.

TESTIMONIALS

"Learning is key for every child's future. Learning and playing are the rights of every child. But children with cancer lose the opportunity to learn. Learning allows children to interact and build the foundations of their future. As the majority of children with cancer survive, we need to ensure that their learning continues despite this "bump" in their young lives."

- Professor Allen Yeoh Eng Juh,
NUH Oncology Paediatrics

"It has been amazing working with the children from LOVE, NILS and seeing them grow more and more confident as the lessons progress. The spark in their eyes when they enter a lesson is priceless."

- Jason, Teacher from Boutique Education



"My daughter has been off school for 2 years now. She is very excited to attend these academic lessons and is eager to learn. She hopes to catch up with her friends. As long as she is studying and learning new things, it's great!"

- Parent of a LOVE, NILS' beneficiary



LOOKING FORWARD

LOVE, NILS is committed to continuing the Education Support Program in the coming years. Our strategic goal is to increase the number of sessions of tutoring to each child and deepen the quality through active feedback loops, and providing a hybrid model of online and face to face sessions based on feasibility.

CALENDAR OF HOPE



166

Attendees



100+

Superhero
Costumes Donated



6

Events

To foster a strong sense of community, we have worked with individuals and organisations to provide a year-long calendar of events that inspire hope. These events allow these families to be part of a wider support community. From coding camps and indoor skydiving to an art exhibition, we curate these opportunities to ensure they are fun, engaging and safe. We thank our network of supportive partner organisations, parents, corporates, schools, and volunteers.

CELEBRATING CHILDREN'S DAY TOGETHER WITH CAPTAIN AMERICA

In October, we celebrated Children's Day with our cancer heroes by providing them with an opportunity to dress up in their favourite superhero costumes. Captain America zoomed into our beneficiaries' homes and hospital wards, engaging them in an Amazing Race around the world. Superhero capes and balloons were delivered to families, doctors and nurses.

There was lots of laughter and joy as the children played games, sang songs, and even danced from their hospital beds with 40 other children and family members online.



INTERVIEW

We interview Robin Tovson, also known as LOVE, NILS' Captain America.

What inspired you to take on this volunteer opportunity as Captain America for LOVE, NILS?

It has been my absolute pleasure to support the real heroes; the children of LOVE, NILS. The strength displayed by these heroes who are battling cancer cannot be overstated. Despite their predicament, they remain committed members of their families, are loyal friends, and continue supporting the rest of their community passionately, which is testament of their incredible strength and courage.

Why do you support LOVE, NILS?

In the beginning, it was to support LOVE, NILS' founder, Lesli and due to my passion for corporate social responsibility initiatives. After my first experience as Captain America for LOVE, NILS though, I decided to continue supporting this initiative as I was inspired by these superhero children.

What's one word you would use to describe LOVE, NILS?

Super!

What's one unforgettable memory as a volunteer with LOVE, NILS?

The online zoom we did during COVID in 2020 with Game Brakes. We had no idea how it was going to go, and though I was extremely nervous, we made it work and everyone had a blast. Having successfully pulled this event off over Zoom, really made me appreciate how close everyone felt despite it being held virtual.

FLYING HIGH WITH iFLY IN JULY 2022

As part of iFLY's 10th anniversary celebrations, they extended 100 free flights to children with cancer and their families. We would like to thank iFly Singapore for providing our LOVE, NILS beneficiaries and their families to take a day off cancer, bringing smiles and joy, and allowing them a momentary break from treatment.



ALEESHA'S STORY

Aleesha was diagnosed in October 2020 at age 5 with low-grade glioma of the left eye (optic nerve) and underwent chemotherapy. Aleesha is now 7 years old and has been in remission for the last year and a half. Due to her cancer, Aleesha has severe visual impairment with minimal light perception and has had to miss a significant amount of school and social activities during the last year.

Aleesha has been a part of LOVE, NILS programs; the Art Therapy has been her favourite; she loves receiving the monthly curated art kits sent to her home. Aleesha also enjoys participating in our online camps with her peers and their siblings, which has helped with social isolation. Aleesha's favourite activities include swimming, cycling, outdoor activities, or any activities that allow her time to spend with friends and her peers. She recently got to experience iFly with her new friends.

TREES OF THE WORLD IN DECEMBER 2021



Our LOVE, NILS' beneficiaries received Christmas art kits to create holiday ornaments. Their painted ornaments were hung up on the LOVE, NILS' tree in Botanic Gardens as part of the Trees of the World 2021 initiative by the National Parks Board.





MAGIC SHOW BY DARREN AND JERRYL IN DECEMBER 2021

In the spirit of giving this Christmas, Darren and Jerryl performed a magical virtual interactive workshop to spread the joy of magic to our beneficiaries and their siblings. Each child received a handcrafted mystery package with magical objects and souvenirs to accompany their learning experience to continue the art of magic with their family and friends.

TESTIMONIAL

"My family is grateful and would like to thank LOVE, NILS so much for your support the whole time we've been here. Minh Tam will so miss everybody, miss teacher Kimberly and Rosalind. Hope LOVE, NILS stays healthy and continue doing meaningful things for the community, as you always do. We will keep this memory and this picture. Thanks for everything."

– Beneficiary's Mother

LOOKING FORWARD

We look forward to engaging more partners and offering more exciting Calendar of Hope events for our beneficiaries and their caregivers.

TOY DRIVE



1673

Toys Distributed



10

Community Partners



Toys provide opportunities for laughter, fun, and exploration of the world. Toys are powerful tools that help children be more open to treatment and provide temporary respite to children and caregivers.

TESTIMONIALS

"We are deeply appreciative of the amazing generosity and commitment from LOVE, NILS team in providing toys for our young patients all year round. Children can sometimes be very fretful of the scans and procedures they have to undergo. These toys truly make a difference, as they are able to help soothe and comfort the patients throughout their journey in the hospital."

– Dawn Huang, Nurse Manager, Paediatric Oncology Ward, KTP-NUCMI, NUH



"LOVE, NILS did help me a lot especially when they give out the toys. Because during my time in hospital, there was no "me time" for me. When Tristan saw the toys, he became very happy."

- Loy Caihong, father of beneficiary Tristan

LOOKING FORWARD

Since its inception, toy drops have grown to become one of our most impactful programs. Due to its high relevance and recurrent demand from KKH and NUH paediatric wards and outpatient clinics, our toy drops have grown by over 69% in the past year.

All toys have been generously donated to LOVE, NILS by individuals, schools, corporates and partners including Amadeus, German European School Singapore, Johnson & Johnson, Lego, NVPC, The Grange International, Singapore American School, SMMIS and UWCSE. LOVE, NILS will donate branded toy carts to the hospitals.

SCHOOL PROGRAMS



10

School Partners
+4 schools vs FY20/21



18

Projects
Co-organised



129

Attendees

LOVE, NILS partners and collaborates with local and international schools. This allows for the development of these empathetic students to create a sustained pipeline of meaningful educational and social bonding opportunities for themselves and our beneficiaries.

DULWICH COLLEGE

Dulwich College launched The Ikigai Project, a student-led initiative to teach children with cancer and their siblings to code. They ran 4-day coding camps in December 2021 and June 2022. The children were thrilled to learn to design their own characters and code their own stories using Scratch.

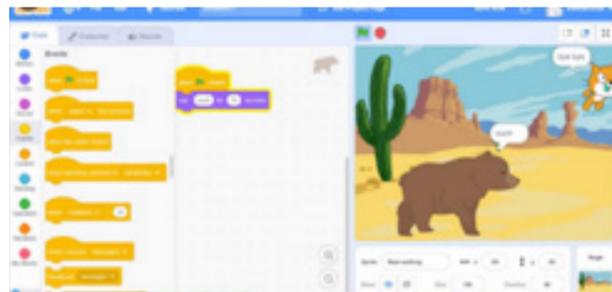
Dulwich students also held an Oobleck making session on 15th March 2022. Their programs have been so popular with both our beneficiaries and the Dulwich students, that they've started a dedicated LOVE, NILS CCA to foster ongoing volunteer opportunities.



NEW COLLABORATIONS

Raffles Girls' School launched Project Aureum, reading stories and engaging our beneficiaries in online activities across 4 weekly sessions.

We facilitated a design-thinking workshop with German European School Singapore students, to develop meaningful programs for our beneficiaries. They planned and hosted two successful events for our families.



SCHOOL LED FUNDRAISING EVENTS

Singapore American School (SAS) held the largest fundraising event among school programs, with a swimming competition that raised \$13,069!



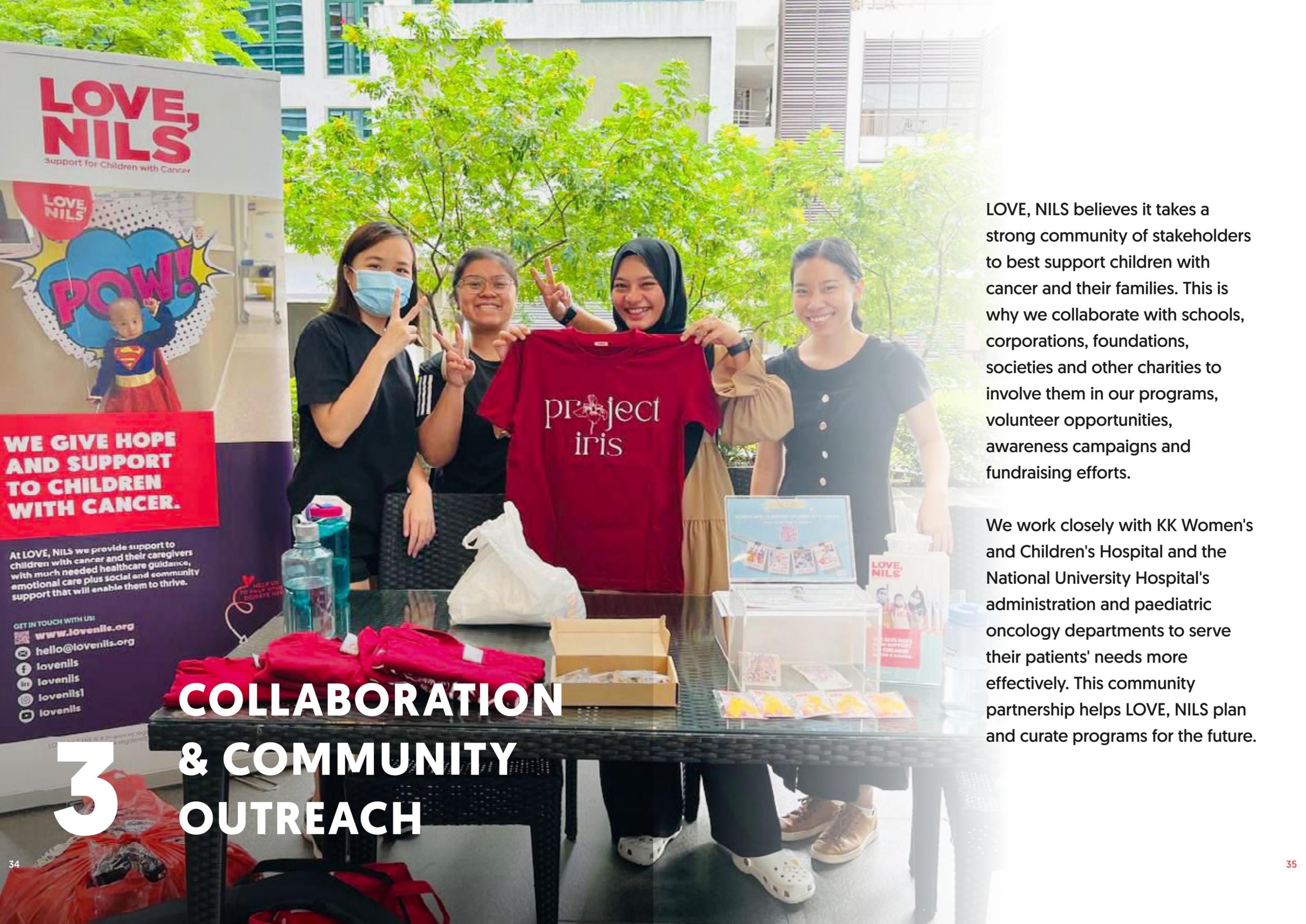
TESTIMONIAL

"It was inspiring to see the empathy, creativity and collaboration demonstrated by our students!"

- German European School Singapore (GESS)
Teacher

LOOKING FORWARD

We look forward to more collaborations with school partners in the future, adding additional partners to our roster and continuing to expand the variety of activities available to our families.



LOVE, NILS believes it takes a strong community of stakeholders to best support children with cancer and their families. This is why we collaborate with schools, corporations, foundations, societies and other charities to involve them in our programs, volunteer opportunities, awareness campaigns and fundraising efforts.

We work closely with KK Women's and Children's Hospital and the National University Hospital's administration and paediatric oncology departments to serve their patients' needs more effectively. This community partnership helps LOVE, NILS plan and curate programs for the future.

3 COLLABORATION & COMMUNITY OUTREACH

3

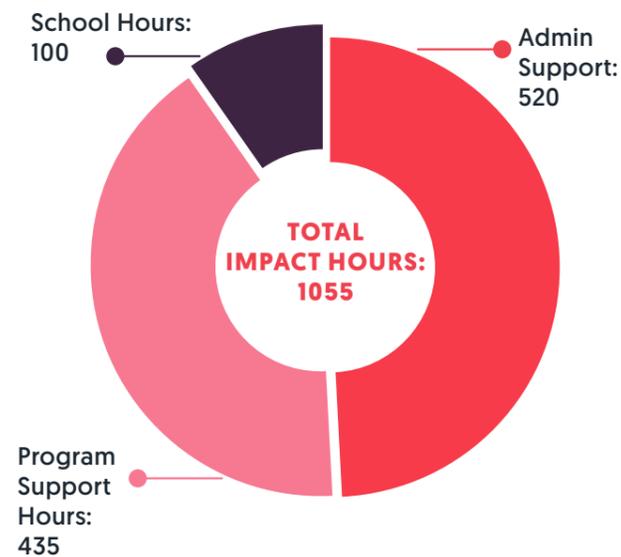
VOLUNTEER IMPACT



LOVE, NILS volunteers are a valuable and integral part of the organisation; their contributions play a vital role in the success of our programs and services. While enriching their own lives, these volunteers' time, effort, expertise, and resources make a significant difference in the lives of children with cancer.

events such as Toy Drive and the Annual Superhero Fundraiser. With the onboarding of a volunteer manager, we created a comprehensive volunteer management system, and streamlined recruitment, orientation, training, supervision, and recognition of our volunteers. LOVE, NILS would like to thank every volunteer who donated their time to bring smiles to the lives of children with cancer and their families.

In FY21/22, our volunteers contributed over 1055 hours of support by assisting in programs and



VOLUNTEER SPOTLIGHT



Debra de Reeper has volunteered as the Executive Coordinator for LOVE, NILS since 2019. She has given countless hours as a skills-based volunteer, managing our IT and admin, helping us streamline organisational process, helping us build our first CRM, managing toy drive logistics, and being an invaluable asset at our last 3 fundraisers. She is a powerhouse that keeps our ship running and we could not be more grateful!



4 2023 VISION

OUR STRATEGIC FOCUS FOR 2023



Increase funds to ensure organisational sustainability

- Aim to raise \$1.3 million in FY 2023 to support programs and establish reserves, ensuring financial sustainability.
- Continue to diversify funding streams across corporates, foundations, individuals and events.
- Monitor financials and maximise operational efficiency to ensure impact.

Increase public awareness

- Grow social media presence and audience engagement.
- Strengthen community engagement programs.
- Secure more speaking engagements at public and corporate events.

Build human capital

- Scale staff and grow capacity in order to improve processes and increase organisational impact.
- Build organisational structure to support employee growth and satisfaction, ensuring continuity .

And welcome more volunteers into the LOVE, NILS family!

Deliver effective programs

- Continue to improve existing program effectiveness and delivery.
- Expand reach to more beneficiaries by improving outreach efforts.
- Pilot and scale new caregiver support program, to strengthen support of caregivers.
- Monitor internal goals and KPIs to inform process improvement.
- Ensure programs are of the highest quality and making the greatest impact on beneficiaries.

Strengthen impact evaluation

- Enhance impact evaluation methods to ensure we are effectively measuring outputs and capturing more robust outcomes.
- Utilise data to communicate the full impact of LOVE, NILS' programs.

Strengthen board structure

- Leverage the Board strategically and systematically.
- Establish a long-term governance plan to address issues of sustainability and to enhance governance.

HOW YOU CAN SUPPORT LOVE, NILS



Volunteer with us

We are always looking for dedicated individuals to help us provide more support to these children and their families.

www.lovenils.org/volunteer

Every donation makes a difference

With your support, we can make an impactful difference by hiring care coordinators, providing holistic therapeutic support, education support, toy donations, art sessions and free tickets to events for children with cancer and their families.

In addition to our website, LOVE, NILS runs fundraising campaigns on Giving.sg.

www.lovenils.org/donate



5 CODE OF GOVERNANCE & FINANCIALS

CODE OF GOVERNANCE – GOVERNANCE EVALUATION CHECKLIST FOR LOVE, NILS

01 SEPTEMBER 2021 TO 31 AUGUST 2022: ENHANCED TIER

S/N	Code guideline	Code ID	Response	Explanation
Board Governance				
1	Induction and orientation are provided to incoming Board members on joining the Board Are there Board members holding staff appointments? (Skip items 2 and 3 if "No")	1.1.2	Complied	
2	Staff does not chair the Board and does not comprise more than one-third of the Board.	1.1.3	N/A	
3	There are written job descriptions for their executive functions and operational duties which are distinct from their Board roles.	1.1.5	N/A	
4	There is a maximum limit of four consecutive years for the Treasurer position (or equivalent, e.g Finance Committee Chairman or person on Board responsible for overseeing the finances of the charity). Should the charity not have an appointed Board member, it will be taken that the Chairman oversees the finances.	1.1.7	Complied	
5	All Board members submit themselves for re-nomination and re-appointment, at least once every three years.	1.1.8	Complied	
6	The Board conducts self evaluation to assess its performance and effectiveness once during its term or every 3 years, whichever is shorter. Are there Board member(s) who have served for more than 10 consecutive years? (Skip item 7 if "no")	1.1.12	Complied	
7	The charity discloses in its annual report the reasons for retaining Board member(s) who has served for more than 10 consecutive years.	1.1.13	N/A	
8	There are documented terms of reference for the Board and each of its Board committees.	1.2.1	Complied	
Conflict of Interest				
9	There are documented procedures for Board members and staff to declare actual or potential conflicts of interest to the Board at the earliest opportunity.	2.1	Complied	
10	Board members do not vote or participate in decision making on matters where they have a conflict of interest.	2.4	Complied	
Strategic Planning				
11	The Board periodically reviews and approves the strategic plan for the charity to ensure that the activities are in line with its objectives.	3.2.2	Complied	
Human Resource and Volunteer Management				
12	The Board approves documented human resource policies for staff.	5.1	Complied	
13	There is a documented Code of Conduct for Board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	Complied	
14	There are processes for regular supervision, appraisal and professional development of staff. Are there volunteers serving in the charity?	5.5	Complied	Yes
15	There are volunteers management policies in place for volunteers.	5.7	Complied	

CODE OF GOVERNANCE – GOVERNANCE EVALUATION CHECKLIST FOR LOVE, NILS

01 SEPTEMBER 2021 TO 31 AUGUST 2022: ENHANCED TIER

S/N	Code guideline	Code ID	Response	Explanation
Financial Management and Internal Controls				
16	There is a documented policy to seek Board's approval for any loans, donations, grants or financial assistance provided by the charity which are not part of its core charitable programmes.	6.1.1	Complied	
17	The Board ensures internal controls for financial matters in key areas are in place with documented procedures.	6.1.2	Complied	
18	The Board ensures reviews on the charity's internal controls, processes, key programmes and events are regularly conducted.	6.1.3	Complied	
19	The Board ensures that there is a process to identify, regularly monitor and review the charity's key risks.	6.1.4	Complied	
20	The Board approves an annual budget for the charity's plans and regularly monitors its expenditure. Does the charity invest its reserves, including fixed deposits?	6.2.1	Complied	Yes
21	The charity has a documented investment policy approved by the Board.	6.4.3	Complied	
Fundraising Practices				
22	Did the charity receive cash donations (solicited or unsolicited) during the year? All collections received (solicited or unsolicited) are properly accounted for and promptly deposited by the charity. Did the charity receive donations-in-kind during the year?	7.2.2	Complied	Yes
23	All donations-in-kind received are properly recorded and accounted for by the charity.	7.2.3	Complied	
Disclosure and Transparency				
24	The charity discloses in its annual report: i. Number of Board meetings in the year; and ii. Individual Board member's attendance. Are Board members remunerated for their Board services? (Skip items 25 and 26 if "No")	8.2	Complied	No
25	No Board member is involved in setting his or her own remuneration.	2.2	N/A	
26	The charity discloses the exact remuneration and benefits received by each Board member in its annual report. OR The charity discloses that no Board members are remunerated Does the charity employ paid staff?	8.3	N/A	Yes
27	No staff is involved in setting his or her own remuneration.	2.2	Complied	
28	The charity discloses in its annual report: i) The total annual remuneration (including any remuneration received in its subsidiaries), for each its three highest paid staff, who each receives remuneration exceeding \$100,000, in bands of \$100,000; and ii) If any of the 3 highest paid staff also serves on the Board of the charity. OR The charity discloses that none of its staff receives more than \$100,000 in annual remuneration each.	8.4	Complied	
29	The charity discloses the number of paid staff who are close members of the family of the Executive Head or Board Members, who each receives remuneration exceeding \$50,000 during the year, in bands of \$100,000. OR The charity discloses that there is no paid staff who are close members of the family of the Executive Head or Board Member, who receives more than \$50,000 during the year.	8.5	Complied	
Public Image				
30	The charity has a documented communication policy on the release of information about the charity and its activities across all media platforms.	9.2	Complied	

GOVERNANCE REPORT

LOVE, NILS was registered as a charity under the Charities Act (Chapter 37) since 01/09/2017.
LOVE, NILS has been accorded IPC (Institution of a Public Character) status from 22/04/2022 to 21/04/2024.
LOVE, NILS has a constitution as its governing instrument.

GOVERNING BOARD

NAME/POSITION	DESIGNATION/COMPANY	DATE OF APPOINTMENT	ATTENDANCE AT BOARD MEETINGS
DAVID HOSS Chairman	Principal, Singapore American School	1 September 2017 *Resignation 1 July 2022	4/4
SUVIR VARMA Treasurer	Senior Advisor, Bain & Company	13 March 2020 *Appointed Chairman 1 July 2022	4/4
MADANJIT SINGH Secretary	Chief Revenue Officer, ANCHANTO	23 July 2020	4/4
LESLI BERGGREN Member	Founder and Co-CEO, LOVE, NILS	1 September 2017 *Resignation 11 February 2022	4/4
FRANCESCA TAYLOR Member	Member Director, Kaer	21 September 2021	4/4
JAMES CHIANG Member	VP/GM, embecta	21 September 2021	4/4
SUKH CHOPRA Member	Independent Director & Non- Executive Chairman	1 August 2022 *Appointed after final meeting of the FY	0/4

No Board members were remunerated for their Board services in the financial year.

GOVERNANCE POLICIES

Organisation Strategy

LOVE, NILS values strategic planning in guiding the direction and growth of the organisation. We have created a 3-year strategic plan, which is reviewed and presented to the Board for approval on an annual basis.

Role of the Governing Board

LOVE, NILS' Board Members play an outsized role in charting and enabling the advancement of our important work. It is the primary responsibility of the Board to oversee, monitor and govern the organisation in furtherance of its mission, ensuring strong financial management and oversight, offering essential ideas, guidance, expertise, and financial resources. The quality of LOVE, NILS' work, fundraising, and operations depends upon a committed, knowledgeable, and involved Board.

Conflict of Interest Policy

LOVE, NILS has adopted a Conflict of Interest Policy to ensure all Board Members and Staff act in the best interest of the charity. The Board has put in place documented procedures for Board Members and Staff to declare actual or potential conflicts of interests on an annual and need-to basis. Board Members also abstain and do not participate in decision-making on matters where they have a conflict of interest.

Personal Data Protection Act (PDPA) Policy

LOVE, NILS respects and protects confidential information obtained from, or relating to, our patients and their caregivers, donors and sponsors, hospitals, and other healthcare providers and/or third parties in accordance with Singaporean law and professional standards.

Code of Conduct

At LOVE, NILS we aim to build relationships based on shared trust and confidence that each person is personally and professionally committed to acting in accordance with our values and to the best of their ability using their talents and experiences to achieve our common vision. We act honestly, openly, and constructively to the best of our abilities to achieve LOVE, NILS objectives. We understand and comply with laws, regulations and standards that apply to us in our professional conduct.

Whistle Blowing Policy

LOVE, NILS is committed to maintaining the highest levels of integrity, transparency, compliance, and accountability in its operations. LOVE, NILS does not tolerate any wrongdoings, misconduct, or statutory non-compliance by our Board, employees, or volunteers in the course of its work. LOVE, NILS' Whistle Blowing Policy aims to provide an avenue through

which employees, volunteers, or other external parties could, in good faith, report any activity that infringes on the organisation's code of conduct or violates the law so that the organisation may take swift and relevant action. The Policy is meant to protect genuine whistle-blowers from any unfair treatment as a result of their report.

Restricted Funds

LOVE, NILS' restricted fund balances are restricted by outside sources and may only be utilised in accordance with the purposes for which they are established. Restricted Funds include Art Therapy, Care Coordinator, Education Support, and Toy Drive. LOVE, NILS has disclosed its restricted funds in the Financial Statements, Notes 14–17, pages 19–20. Please refer to the Financial Statements for more information.

Reserves Policy

The primary objective of LOVE, NILS's fund management is to provide stability and the means for further improvement of our activities. LOVE, NILS monitors its cash flow and overall liquidity position on a continuous basis. Our Reserve Policy is to build up reserves to be equivalent of at least one year of operating expenditure. The amount of reserves is regularly reviewed by our Board to ensure that we have adequate reserves to fulfil our continuous obligations.

RESERVES POSITION

	FY21/22	FY20/21	Increase/ (Decrease)
Unrestricted funds: Accumulated fund	\$771,836	\$403,984	91.06%
Restricted fund	\$32,125	\$44,365	(27.59%)
Total funds	\$803,961	\$448,349	79.32%
Total annual operating expense	\$737,319	\$380,295	93.88%
Ratio of funds to annual operating expenditure	1.05	1.06	-

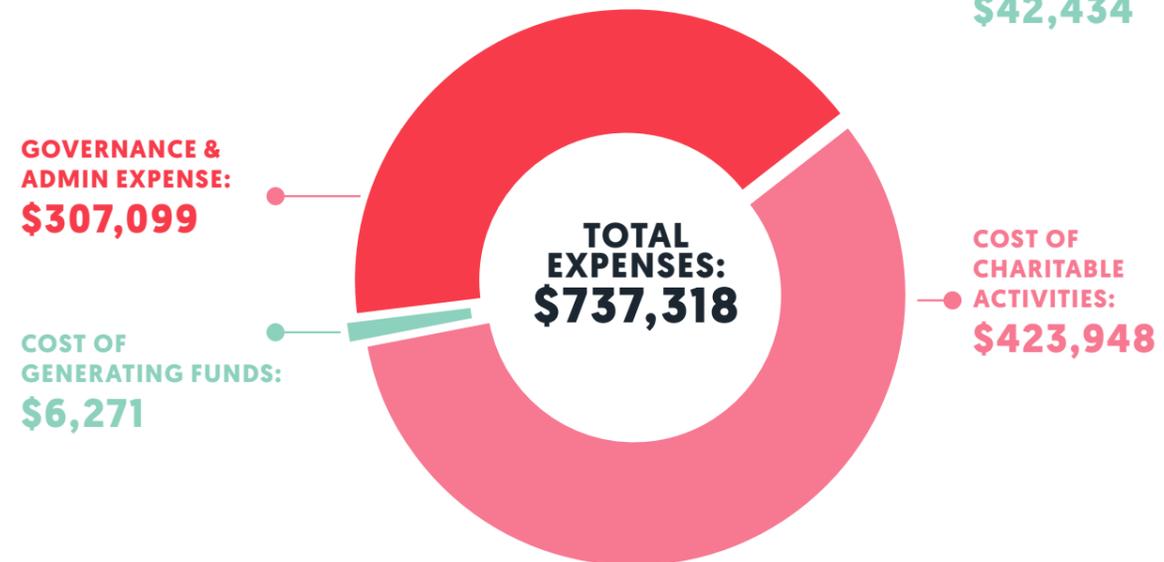
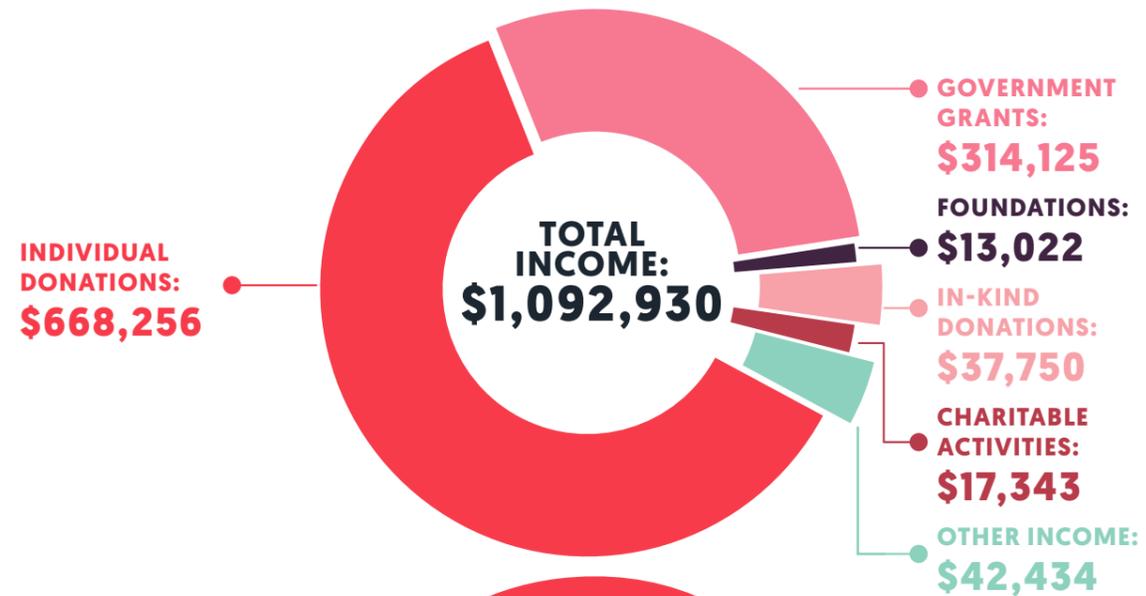
STATEMENT OF FINANCIAL POSITION AS AT 31 AUGUST 2022

ASSET		
Non-current asset	2022	2021
Plant and equipment	2,416	-
Current assets	2022	2021
Cash and bank balances	802,323	448,663
Other receivables	22,652	39,343
Inventories	238	721
Prepayments	13,790	-
TOTAL ASSET	839,003	488,727
LIABILITY		
Current liabilities		
Deposit received	3,600	-
Other payables	33,858	40,378
TOTAL LIABILITY	37,458	40,378
NET ASSETS	803,961	448,349
FUNDS		
Unrestricted fund		
General fund	771,836	403,984
Restricted fund		
Art Therapy fund	22,956	35,500
Care Coordinator	7,778	202
Education Support	-	2,893
Toy Drive fund	1,381	5,770
TOTAL FUNDS	803,961	448,349

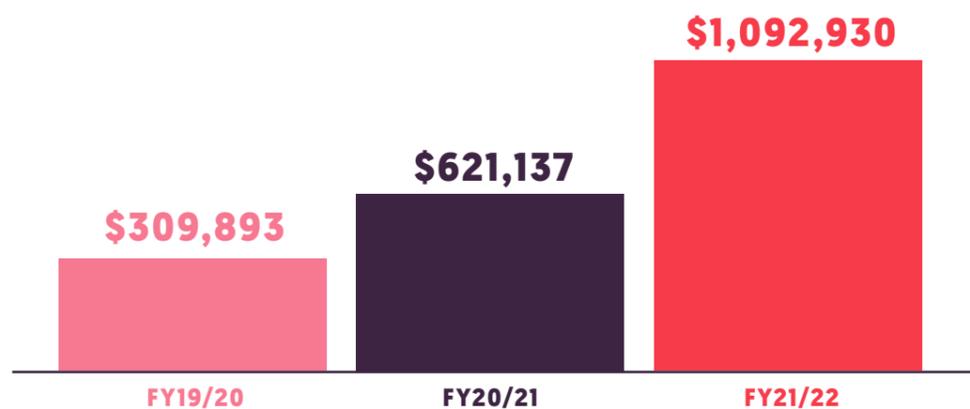
STATEMENT OF FINANCIAL ACTIVITIES FOR THE FINANCIAL PERIOD FROM 01 SEPTEMBER 2020 TO 31 AUGUST 2022

INCOME	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2022	2022	2022	2021
Income from generated funds	902,217	130,936	1,033,153	556,141
Income from charitable activities	17,343	-	17,343	45,108
Other Income	42,434	-	42,434	19,888
TOTAL INCOME	961,994	130,936	1,092,930	621,137
LESS: EXPENDITURE				
Cost of charitable activities	128,211	295,737	423,948	232,013
Governance & other administrative costs	313,070	300	313,370	148,282
TOTAL EXPENDITURE	441,281	296,037	737,318	380,295
Net income before tax expense	520,713	(165,101)	355,612	240,842
Tax expense	-	-	-	-
NET INCOME	520,713	(165,101)	355,612	240,842
Gross transfers between funds	(152,861)	152,861	-	-
Net movement between funds	367,852	(12,240)	355,612	240,842
Total funds brought forward	403,984	44,365	448,349	207,507
TOTAL FUNDS CARRIED FORWARD	771,836	32,215	803,961	448,349

BREAKDOWN OF FINANCIAL ACTIVITIES



INCOME GROWTH OVER 3 YEARS



6

TEAM & PARTNERS

BOARD OF DIRECTORS



SUVIR VARMA

Chairman, Treasurer
Senior Advisor
Bain & Company



MADANJIT SINGH

Secretary
Country Manager, ASEAN,
Scaled Agile Inc. (SAI)



JAMES CHIANG

Member
VP/GM Asia, embecta



FRANCESCA TAYLOR

Member
Director, Kaer



SUKH CHOPRA

Member
Independent Director &
Non-Executive Chairman



DAVID HOSS

Chairman
Principal,
Singapore American School
Board Term
1/9/2017–1/07/2022



LESLI BERGGREN

Member
Founder and Co-CEO
LOVE, NILS
Board Term
1/9/2017–11/02/2022

PATRONS



A/PROF QUAH THUAN CHONG

Senior Consultant, Division Paediatric
Haematology & Oncology, Khoo Teck
Puat – National University Children's
Medical Institute, NUH



DR FRANCES YEP

Consultant, Division of Paediatric
Haematology and Oncology, Dept
Paediatrics, Khoo Teck Puat. Paediatric
Blood & Marrow Transplantation (BMT)
Programme, NUH



DR KRISTA LEA FRANCISCO

Resident Physician, Division of Paediatric
Haematology and Oncology, Dept of
Paediatrics, Khoo Teck Puat, Paediatric
Blood & Marrow Transplantation (BMT)
Programme, NUH

ORGANISATION STRUCTURE



LESLI BERGGREN

Co-Chief Executive Officer
Date of Appointment: 1 September 2017



JODI VONGSAKOUN

Co-Chief Executive Officer
Date of Appointment: 1 May 2022



MELINDA MANZI

Program Director



FENNY HARTONO

Finance & Governance
Manager



SHREYA BHAT

Fundraising Manager



JOHANNA

Marketing &
Communications
Manager



TAN CHOO LI

Community Outreach
Manager



DEBRA DE REEPER

Executive Coordinator
Volunteer

DONORS AND PARTNERS

Our success depends upon the generosity of our donors and partners; it is their gracious support that allows us to create positive impact in the lives of children with cancer and their families. We are so very grateful and thank them from the bottom of our hearts.

INDIVIDUAL DONORS, \$10,000 AND ABOVE

CHAN JUN WEI

DAVID ZEMANS

SIMRANJIT SINGH S/O
SANTOKH SINGH

TEJAS EWING

INDIVIDUAL DONORS, \$5,000 AND ABOVE

CHANDRAN RAMESH NAIR

JIEYANG HUANG

JOHN DAVID HATHERLEY

PETER BUSH

PETER TIERNEY

PHUA CHOON HUA SIMON

SOONG JUI JUNG

TAN KIM HOE

TSANG SUI YING

WARNER POH

INDIVIDUAL DONORS, \$2,000 AND ABOVE

BENJAMIN KING

BIANCA HUI CHEO

BRIAN REINHART

CHEN CHIH-CHE

CHIN KIRK JIN

GOH CHANG LEE AMOS

JACQUELINE GOH TAI WEI

JETTI MURALI CHOUDARY

KOH HUI MIN

KOH KAI TAH

LEE CHIN GUAN

LEE KHENG CHEI

LEE TENG LEONG

LEOW CHEE LOON

LOW SEO KHANG

NICHOLA RASTRICK

RYAN WONG YOKE KHIAN

SEAH SIOW SIANG

SHWETA GARG

SIONG CHOON CHOON

STUART JAMES MCLELLAND

TAN STANLEY EVERETT CHUA

TAY CHOKE TIANG SOETADIO

TAY GAY SENG WILSON

TEOH YIN LIN RACHEL

TEY LAN SEE

ZHANG TING

DIGITAL FUNDRAISING CHAMPIONS

ALWAN CHENG

ANTHONY CHNG

CHIP DONG LIM

CHNG RUI JIE

JL KAH

KAI

KIARA ANN KALIDASAN

LAURA ZACCARIA (YOGA FOR
A CHANGE)

REYNOLD LIM

SHIVANI SHAH

TAY JIA WEI

SCHOOLS

ANGLO CHINESE SCHOOL

DULWICH COLLEGE

GERMAN EUROPEAN SCHOOL

HWA CHONG INSTITUTION

RAFFLES GIRLS SCHOOL

SINGAPORE AMERICAN
SCHOOL

SIR MANASSEH MEYER
INTERNATIONAL SCHOOL
SINGAPORE

TANGLIN TRUST SCHOOL

THE GRANGE INSTITUTE

UWCSEA

CORPORATE PARTNERS, CLUBS & ASSOCIATIONS

AMADEUS

AMERICAN ASSOCIATION OF
SINGAPORE

SINGAPORE ISLAND COUNTRY
CLUB

ARC CHILDREN'S CENTRE

BOUTIQUE EDUCATION

CHILD SAFEGUARDING

KK WOMEN'S AND CHILDREN'S
HOSPITAL

NATIONAL COUNCIL OF
SOCIAL SERVICE

NATIONAL UNIVERSITY
HOSPITAL

NATIONAL VOLUNTEER &
PHILANTHROPY CENTRE

ST PATRICK'S SOCIETY
SINGAPORE

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CENTRE STAGE SCHOOL OF THE
ARTS

DUSIT THANI LAGUNA
SINGAPORE

EWING COMMUNICATIONS

FIREFLY

GAIN BRANDS

GLOBAL TAEKWONDO
ACADEMY SINGAPORE

GLORIA KEH

IFLY SINGAPORE

JESSICA CINDY

KAT HOWARD PHOTOGRAPHY

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KIT-UN

LUKE'S OYSTER BAR AND CHOP
HOUSE

MERCI MARCEL

PASSEL ESTATE

PRAMILLA

PS CAFÉ

RAHUL AND KRISTINE ARORA

SKYLINE LUGE SINGAPORE

SPIN PAINT HOUSE

TADCASTER HOSPITALITY

TEAMSG

THE FISHWIVES

THE FULLERTON HOTEL

THE VIVA GROUP

WILDFLOWER FLORIST

YEOMAMA BATIK



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[Linkedin.com/company/lovenils](https://www.linkedin.com/company/lovenils)

LOVE, NILS is a Singapore
registered charity
UEN 201724930Z with IPC status

Address

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#13-01 High Street Centre
Singapore 179094

Website

www.lovenils.org

LOVE, NILS is a USA
registered charity with 501(c)(3)
EIN 98-1492687